

VINPRANA Newsletter

(Vancouver Island North Powell River Area Narcotics Anonymous)
www.vinprana.ca

September 2022

Issue 1



PORT HARDY

NEW BEGINNINGS

SEPT. 6 TRACY D. - 5 YEARS

OCT.14 PAM C - 27 YEARS

CUMBERLAND

STEPS & TRADITIONS

SEPT.18 ANDY K. - 14 YEARS

CALL BEFORE YOU USE!

24 HOUR HELPLINE

VANCOUVER ISLAND NORTH & POWELL RIVER
1-844-484-6772
CENTRAL VANCOUVER ISLAND
1-800-494-2404
SOUTH VANCOUVER ISLAND
1-866-664-3511

Elections

COURTENAY

NEVER ALONE GROUP

SEPT. 8 RICK F. - 12 YEARS REBECCA W. - 22 YEARS

STEP IT UP

SEPT. 14 JEN B. - 10 YEARS

SEPT. 28 BETTY K. - 20 YEARS

CAMPBELL RIVER

NO MATTER WHAT

SEPT.16 HEATHER - 1 YEAR

SEPT. 23 COURTNEY G. - 1 YEAR

ELECTIONS WILL BE HELD FOR AREA SERVICE POSITIONS! SEPT. 18 – 10:15 AM-12:30PM AT COURTENAY ALANO CLUB

543 - 6TH STREET, COURTENAY, BC

OPEN AREA SERVICE POSITIONS

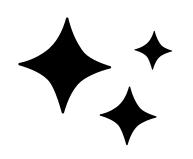
• AREA FACILITATOR
• AREA CO-FACILITATOR
• REGIONAL COMMITTEE MEMBER #1
• GUIDELINES FACILITATOR
• SECRETARY

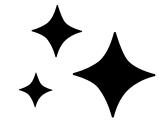
LITERATURE

OPEN PUBLIC RELATIONS SERVICE POSITIONS

NEWSLETTER EDITOR
 CO-FACILITATOR
 LITERATURE DISTRIBUTOR
 PHONE LINE COORDINATOR
 PANEL COORDINARTOR
 PANEL LEADERS





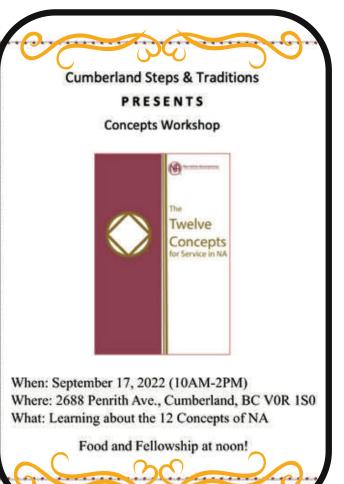






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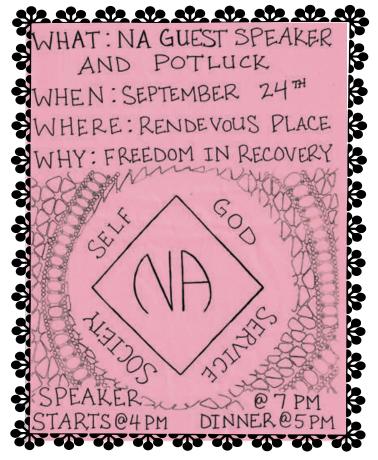
Step One

" We admitted that we were powerless over our addiction, that our lives had become unmanageable."

It doesn't matter what or how much we used.
In Narcotics Anonymous, staying clean has to come first. We realize that we cannot use drugs and live. When we admit our powerlessness and our inability to manage our own lives, we open the door to recovery.

No one could convince us that we were addicts. It is an admission that we have to make for ourselves. When some of us have doubts, we ask ourselves this question: "Can I control my use of any form of mind or moodaltering chemicals?"

Narcotics Anonymous 6th Edition Naws. Inc.





Just for Today

"How long do I have to go?"

"The way to remain a productive, responsible member of society is to put recovery first

Basic Text, p. 106



LAST CHANCE CAMPOUT 2022

SPEAKER MEETING FRI & SAT NIGHT FOOD, FUN & FELLOWSHIPPING THE NA WAY



New Location
Puntledge RV Park
4624 Condensory Rd Courtenay
Far Back Field

For tickets call: Scott B = 250-895-0317 Bonnie F = 250-895-1201 Brad T = 250-702 -5506

\$25 per adult 12 years and under are free 3 nights camping, sat dinner, sun pancake breakfast Public Relation Meeting
Zoom ID: 819 5070 4419
PW: 122535

3rd Tuesday of the Month @ 6 p.m.



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Area Service Meeting
In Person/ Zoom
Halbe Hall
8369 N.I. Hwy
Black Creek
Zoom ID: 899 2264 4872

PW: 871109

2nd Sunday of the month @ 10:15 a.m