BC Regional 24 Hour Help & Info Lines

Vancouver Island South	1.250.383.3553
Vancouver Island Central	1.800.494-2404
Vancouver Island North and Powell River	1.844.484.6772
Vancouver / Lower Mainland	1-866-683-6819
Kamloops	1-855-349-2722
Northern BC	1.888.543.2499
Okanagan North (Vernon)	1-866-778-4772
Okanagan South (Penticton)	1-855-852-5687
Okanagan Central (Kelowna)	1-877-604-7613
Squamish	1.604.740-3010
Lower Sunshine Coast (Sechelt and Gibsons)	1.604.740.3010
West Kootenays	1-855-444-2262

NA BC **Regional** Website

www.bcrna.ca

NA **World** Website

www.na.org

VINPRANA
PO Box 3362
Courtenay, B.C,
V9N 5N5

What We Cannot Do Alone We Can Do Together

P = Phone T = Text **P T**

Vancouver Island North and Powell River Narcotics Anonymous

MEETING LIST

Effective December 21, 2022

TOLL FREE

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IN PERSON MEETINGS

Campbell River

MON:	LINE NUMBERED B.T. 301 10th Avenue	7:30pm (O)
WED:	FREE AT LAST 850 E 12th Avenue	7:30pm (O)
FRI:	NO MATTER WHAT 301 10th Avenue	7:30pm (O)
SUN:	SHARE AND CARE 850 E 12th Avenue	7:30pm (O)

Black Creek

TUES:	CLEAN ACRES 2688 8369 N Island Hwy Halbe Hall	7:30pm (O)

Port Hardy

MON::	NEVER ALONE GROUP 106-9250 Trustee Rd.	8:00pm (O)
TUES:	SACRED SOULS GROUP 106-9250 Trustee Rd	8:00PM (O,W)
FRI:	NEW BEGINNINGS #3 - 7025 Market st	8:00pm (O)

Port McNeill

WED:	PORT McNEILL GROUP 375 Shelly Crescent Old School, Room 3	7:30pm (O)
SAT:	PORT McNEILL GROUP 375 Shelly Crescent Old School, Room 3	7:30pm (O)

Cumberland

SUN:	STEPS & TRADITIONS 2688 Penrith Ave	7:30pm (O)

Courtenay

MON:	UNITY GROUP Alano Club 543 - 6th Street Living Clean Study	7:00pm (O)
TUES:	UNITY GROUP Alano Club 543 - 6th Street	7:00pm (O)
WED:	STEP IT UP 625 England Ave	12:00pm (O, W)
WED:	UNITY GROUP 543 - 6th Street Discussion	7:00pm (O)
THURS:	NEVER ALONE GROUP 566 5th Ave	7:00pm (O)
SAT:	UNITY GROUP Alano Club 543 - 6th Street	7:00pm (O)

Powell River

TUES:	JOURNEY TO THE TOP 5903 Arbutus Avenue	7:30pm (C)
THUR:	JOURNEY TO THE TOP 5903 Arbutus Ave.	7:30pm (C)
SAT:	JOURNEY TO THE TOP 5903 Arbutus Avenue	7:30pm (O)

(O) = Open Meeting: Anyone may attend.
(C) = Closed Meeting: For addicts and those who feel they may have a problem with drugs
(W) = Women's Meeting
(M) = Men's Meeting
Narcotics Anonymous is not affiliated with any of the facilities where meetings are held.

Committees

2nd Sun. Area Service Committee 10:15am
Hybrid (In-person and Zoom)
543 -6th st Courtenay
Alano Club
ID - 899 2264 4872
PW – 871109

3rd Tue. PR Committee 6:00 pm
Zoom
ID - 819 5070 4419
PW – 122535

2nd Tue. Activities Committee 6:00pm
Zoom
ID – 819 5070 4419
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