#### BC Regional 24 Hour Help & Info Lines

Vancouver Island South	1.250.383.3553
Vancouver Island Central	1.800.494-2404
Vancouver Island North and Powell River	. 1.844.484.6772
Vancouver / Lower Mainland	.1-866-683-6819
Kamloops	.1-855-349-2722
Northern BC	. 1.888.543.2499
Okanagan North (Vernon)	1-866-778-4772
Okanagan South (Penticton)	1-855-852-5687
Okanagan Central (Kelowna	)1-877-604-7613
Squamish	. 1.604.740-3010
Lower Sunshine Coast (Sechelt and Gibsons)	. 1.604.740.3010

West Kootenays ..... 1-855-444-2262

NA BC Regional Website www.bcrna.ca

NA World Website

WWW.NA.Org VINPRANA PO Box 3362 Courtenay, B.C, V9N 5N5

# What We Cannot Do Alone We Can Do Together

P = Phone T = Text P T

# Vancouver Island North and Powell River Narcotics Anonymous



**MEETING LIST** Effective APR 06 2024

# TOLL FREE 24 Hour Help 1-844-484-6772

vinprana.ca

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Vancouver Island North and Powell River Narcotics Anonymous





TOLL FREE 24 Hour Help Line 1-844-484-6772 vinprana.ca

# IN PERSON MEETINGS

	CAMPBELL RIVER		МО
MON	LINE NUMBER B.T. 301 10 <sup>TH</sup> AVE	7:30PM (O,WC)	мо
WED	FREE AT LAST 850 E 12 <sup>th</sup> AVE	7:30PM	MO
FRI	850 E 12 <sup>™</sup> AVE NO MATTER WHAT 301 10 <sup>™</sup> AVE	(O,WC) 7:30PM (O,WC)	TU
	BLACK CREEK		TUE
TUE	CLEAN ACRES 2688 8369 N ISLAND HWY. HALBE HALL	7:30PM (O)	WE
	PORT HARDY		WE
MON	NEVER ALONE GROUP	8:00PM (O,WC)	тні
THU	ETERNITY GROUP 7305-B MARKET ST	7:00PM (O,WC)	TIK
FRI	NEW BEGININGS #3 – 7025 MARKET ST	(0,WC) 8:00PM (O)	FRI
	PORT MCNEIL		FRI
WED	PORT MCNEIL GROUP 375 SHELLY CRES	7:30PM (O,WC)	SAT
SAT	OLD SCHOOL, ROOM 3 PORT MCNEIL GROUP 375 SHELLY CRES OLD SCHOOL, ROOM 3	7:30PM (O,WC)	
	OLD SCHOOL, ROOM 3		TUE
	CUMBERLAND		тні
SUN	STEPS & TRADITIONS. 2688 PENRITH AVE	7:30PM (O)	SAT

#### IN PERSON MEETINGS

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	CAMPBELL RIVER	
MON	LINE NUMBER B.T. 301 10 <sup>TH</sup> AVE	7:30PM (O,WC)
WED	FREE AT LAST	7:30PM
FRI	850 E 12 <sup>th</sup> AVE NO MATTER WHAT 301 10 <sup>TH</sup> AVE	(O,WC) 7:30PM (O,WC)
	BLACK CREEK	
TUE	CLEAN ACRES 2688 8369 N ISLAND HWY. HALBE HALL	7:30PM (O)
	PORT HARDY	
MON	NEVER ALONE GROUP 7070 SHORNCLIFFE AVE.	8:00PM (O,WC)
THU	ETERNITY GROUP	7:00PM
FRI	7305-B MARKET ST NEW BEGININGS #3 – 7025 MARKET ST	(O,WC) 8:00PM (O)
	PORT MCNEIL	
WED	PORT MCNEIL GROUP 375 SHELLY CRES OLD SCHOOL, ROOM 3	7:30PM (O,WC)
SAT	PORT MCNEIL GROUP 375 SHELLY CRES	7:30PM (O,WC)
	OLD SCHOOL, ROOM 3	(0,110)
	CUMBERLAND	
SUN	STEPS & TRADITIONS. 2688 PENRITH AVE	7:30PM (O)

	COURTENAY	
MON	GET LIT 543 6 <sup>™</sup> ST	6:00PM (O,WC)
MON	ALANO CLUB UNITY GROUP 505-6 <sup>™</sup> ST	7:00PM (O,WC)
TUE	ST GEORGES CHURCH ENTRANCE VIA FITZGERALD The JOURNEY CONTINUES 566 5 <sup>™</sup> ST ELIM CHAPEL	6:00PM (O)
TUE	UNITY GROUP 543-6 <sup>™</sup> ST	7:00PM (O,WC)
WED		12:00PM
WED	UNITY GROUP 543-6 <sup>™</sup> ST	O,W,WC) 7:00PM (O,WC)
THU	ALANO CLUB NEVER ALONE 566 5 <sup>™</sup> ST	7:00PM
FRI	ELIM CHAPEL UNLOADED. 1029 RYAN RD	(O) 7:00PM (O)
FRI	RYAN HILL APTS RM 301 LOST & FOUND 579 5 <sup>™</sup> ST	8:00PM (O,WC)
SAT	RYAN HILL APTS RM 301 UNITY GROUP 546 <sup>TH</sup> ST (C ALANO CLUB	7:00PM ),WC)
	POWELL RIVER	
TUE	JOURNEY TO THE TOP 5903 ARBUTUS AVE	7:30PM (C,WC)
THU	JOURNEY TO THE TOP 5903 ARBUTUS AVE	7:30PM (C,WC)
SAT	JOURNEY TO THE TOP 5903 ARBUTUS AVE	7:30PM (C,WC)
MON	COURTENAY GET LIT 543 6 <sup>TH</sup> ST	6:00PM (O,WC)
MON MON	GET LIT 543 6 <sup>™</sup> ST ALANO CLUB UNITY GROUP 505-6 <sup>™</sup> ST	
	GET LIT 543 6 <sup>TH</sup> ST ALANO CLUB UNITY GROUP 505-6 <sup>TH</sup> ST ST GEORGES CHURCH ENTRANCE VIA FITZGERALD The JOURNEY CONTINUES 566 5 <sup>TH</sup> ST	(O,WC) 7:00PM
MON	GET LIT 543 $6^{TH}$ ST ALANO CLUB UNITY GROUP 505- $6^{TH}$ ST ST GEORGES CHURCH ENTRANCE VIA FITZGERALD The JOURNEY CONTINUES 566 $5^{TH}$ ST ELIM CHAPEL UNITY GROUP 543- $6^{TH}$ ST	(O,WC) 7:00PM (O,WC) 6:00PM
MON TUE	GET LIT 543 6 <sup>TH</sup> ST ALANO CLUB UNITY GROUP 505-6 <sup>TH</sup> ST ST GEORGES CHURCH ENTRANCE VIA FITZGERALD The JOURNEY CONTINUES 566 5 <sup>TH</sup> ST ELIM CHAPEL UNITY GROUP 543-6 <sup>TH</sup> ST ALANO CLUB STEP IT UP	(O,WC) 7:00PM (O,WC) 6:00PM (O) 7:00PM (O,WC) 12:00PM
MON TUE TUE	GET LIT 543 6 <sup>TH</sup> ST ALANO CLUB UNITY GROUP 505-6 <sup>TH</sup> ST ST GEORGES CHURCH ENTRANCE VIA FITZGERALD The JOURNEY CONTINUES 566 5 <sup>TH</sup> ST ELIM CHAPEL UNITY GROUP 543-6 <sup>TH</sup> ST ALANO CLUB STEP IT UP 625 ENGLAND AVE UNITY GROUP	(O,WC) 7:00PM (O,WC) 6:00PM (O) 7:00PM (O,WC) 12:00PM (O,W,WC) 7:00PM
MON TUE TUE WED	GET LIT 543 $6^{TH}$ ST ALANO CLUB UNITY GROUP 505- $6^{TH}$ ST ST GEORGES CHURCH ENTRANCE VIA FITZGERALD The JOURNEY CONTINUES 566 $5^{TH}$ ST ELIM CHAPEL UNITY GROUP 543- $6^{TH}$ ST ALANO CLUB STEP IT UP 625 ENGLAND AVE UNITY GROUP 543- $6^{TH}$ ST ALANO CLUB NEVER ALONE	(O,WC) 7:00PM (O,WC) 6:00PM (O) 7:00PM (O,WC) 12:00PM (O,W,WC)
MON TUE TUE WED WED	GET LIT 543 $6^{TH}$ ST ALANO CLUB UNITY GROUP 505- $6^{TH}$ ST ST GEORGES CHURCH ENTRANCE VIA FITZGERALD The JOURNEY CONTINUES 566 $5^{TH}$ ST ELIM CHAPEL UNITY GROUP 543- $6^{TH}$ ST ALANO CLUB STEP IT UP 625 ENGLAND AVE UNITY GROUP 543- $6^{TH}$ ST ALANO CLUB NEVER ALONE 566 $5^{TH}$ ST ELIM CHAPEL UNLOADED. 1029 RYAN RD	(O,WC) 7:00PM (O,WC) 6:00PM (O) 7:00PM (O,WC) 12:00PM (O,W,WC) 7:00PM (O,W,WC) 7:00PM (O,WC)
MON TUE TUE WED WED	GET LIT 543 $6^{TH}$ ST ALANO CLUB UNITY GROUP 505- $6^{TH}$ ST ST GEORGES CHURCH ENTRANCE VIA FITZGERALD The JOURNEY CONTINUES 566 $5^{TH}$ ST ELIM CHAPEL UNITY GROUP 543- $6^{TH}$ ST ALANO CLUB STEP IT UP 625 ENGLAND AVE UNITY GROUP 543- $6^{TH}$ ST ALANO CLUB NEVER ALONE 566 $5^{TH}$ ST ELIM CHAPEL UNLOADED. 1029 RYAN RD RYAN HILL APTS RM 301 LOST & FOUND 579 $5^{TH}$ ST	(O,WC) 7:00PM (O,WC) 6:00PM (O) 7:00PM (O,WC) 12:00PM (O,WC) 7:00PM (O,WC) 7:00PM (O,WC) 7:00PM (O,WC) 7:00PM
MON TUE TUE WED WED THU FRI	GET LIT 543 $6^{TH}$ ST ALANO CLUB UNITY GROUP 505- $6^{TH}$ ST ST GEORGES CHURCH ENTRANCE VIA FITZGERALD The JOURNEY CONTINUES 566 $5^{TH}$ ST ELIM CHAPEL UNITY GROUP 543- $6^{TH}$ ST ALANO CLUB STEP IT UP 625 ENGLAND AVE UNITY GROUP 543- $6^{TH}$ ST ALANO CLUB NEVER ALONE 566 $5^{TH}$ ST ELIM CHAPEL UNLOADED. 1029 RYAN RD RYAN HILL APTS RM 301 LOST & FOUND 579 $5^{TH}$ ST RYAN HILL APTS RM 301 UNITY GROUP	(O,WC) 7:00PM (O,WC) 6:00PM (O) 7:00PM (O,WC) 7:00PM (O,WC) 7:00PM (O,WC) 7:00PM (O,WC) 7:00PM (O) 7:00PM (O) 8:00PM
MON TUE TUE WED WED THU FRI FRI SAT	GET LIT 543 $6^{TH}$ ST ALANO CLUB UNITY GROUP 505- $6^{TH}$ ST ST GEORGES CHURCH ENTRANCE VIA FITZGERALD The JOURNEY CONTINUES 566 $5^{TH}$ ST ELIM CHAPEL UNITY GROUP 543- $6^{TH}$ ST ALANO CLUB STEP IT UP 625 ENGLAND AVE UNITY GROUP 543- $6^{TH}$ ST ALANO CLUB NEVER ALONE 566 $5^{TH}$ ST ELIM CHAPEL UNLOADED. 1029 RYAN RD RYAN HILL APTS RM 301 LOST & FOUND 579 $5^{TH}$ ST RYAN HILL APTS RM 301 UNITY GROUP 546 <sup>TH</sup> ST RYAN HILL APTS RM 301 UNITY GROUP 546 <sup>TH</sup> ST (TALANO CLUB <b>POWELL RIVER</b>	(O,WC) 7:00PM (O,WC) 6:00PM (O) 7:00PM (O,WC) 12:00PM (O,WC) 7:00PM (O,WC) 7:00PM (O,WC) 7:00PM (O) 7:00PM (O) 7:00PM (O) 7:00PM (O) 7:00PM (O) 7:00PM (O) 7:00PM (O) 7:00PM (O) 7:00PM (O,WC)
MON TUE TUE WED WED THU FRI FRI SAT	GET LIT 543 $6^{TH}$ ST ALANO CLUB UNITY GROUP 505- $6^{TH}$ ST ST GEORGES CHURCH ENTRANCE VIA FITZGERALD The JOURNEY CONTINUES 566 $5^{TH}$ ST ELIM CHAPEL UNITY GROUP 543- $6^{TH}$ ST ALANO CLUB STEP IT UP 625 ENGLAND AVE UNITY GROUP 543- $6^{TH}$ ST ALANO CLUB NEVER ALONE 566 $5^{TH}$ ST ELIM CHAPEL UNLOADED. 1029 RYAN RD RYAN HILL APTS RM 301 LOST & FOUND 579 $5^{TH}$ ST RYAN HILL APTS RM 301 UNITY GROUP 546 <sup>TH</sup> ST (T ALANO CLUB <b>POWELL RIVER</b> JOURNEY TO THE TOP 5903 ARBUTUS AVE	(O,WC) 7:00PM (O,WC) 6:00PM (O) 7:00PM (O,WC) 12:00PM (O,WC) 7:00PM (O,WC) 7:00PM (O,WC) 7:00PM (O) 7:00PM
MON TUE TUE WED WED THU FRI FRI SAT	GET LIT 543 $6^{TH}$ ST ALANO CLUB UNITY GROUP 505- $6^{TH}$ ST ST GEORGES CHURCH ENTRANCE VIA FITZGERALD The JOURNEY CONTINUES 566 $5^{TH}$ ST ELIM CHAPEL UNITY GROUP 543- $6^{TH}$ ST ALANO CLUB STEP IT UP 625 ENGLAND AVE UNITY GROUP 543- $6^{TH}$ ST ALANO CLUB NEVER ALONE 566 $5^{TH}$ ST ELIM CHAPEL UNLOADED. 1029 RYAN RD RYAN HILL APTS RM 301 LOST & FOUND 579 $5^{TH}$ ST RYAN HILL APTS RM 301 UNITY GROUP 546 <sup>TH</sup> ST (TALANO CLUB <b>POWELL RIVER</b> JOURNEY TO THE TOP	(O,WC) 7:00PM (O,WC) 6:00PM (O) 7:00PM (O,WC) 12:00PM (O,WC) 7:00PM (O,WC) 7:00PM (O,WC) 7:00PM (O) (O) 7:00PM (O) (O) 7:00PM (O) (O) 7:00PM (O) (O) 7:00PM (O) (O) 7:00PM (O) (O) 7:00PM (O) (O) 7:00PM (O) (O) 7:00PM (O) (O) 7:00PM (O) (O) 7:00PM (O) (O) 7:00PM (O) (O) 7:00PM (O) (O) 7:00PM (O) (O) 7:00PM (O) (O) 7:00PM (O) (O) 7:00PM (O) (O) 7:00PM (O) (O) 7:00PM (O) (O) (O) 7:00PM (O) (O) (O) (O) (O) (O) (O) (O)

## VINPRANA SERVICE COMMITTEES

### **AREA SERVICE COMMITTEE**

2<sup>ND</sup> SUN @ 10:15AM HYBRID (IN PERSON & ZOHO) 543 6<sup>TH</sup> ST COURTENAY ALANO CLUB ID: 1079529653 PW: cmalCF

## PUBLIC RELATIONS COMMITTEE

3rd TUE @ 6PM ZOHO ONLINE MTG ID: 1064517905 PW: ePhj8e

#### **ACTIVITIES COMMITTEE**

1<sup>ST</sup> TUE @ 5:30PM ZOHO ONLINE MTG ID: 1097447058 PW: nMKQmb

#### **NEWSLETTER COMMITTEE**

LAST THU @ 6PM ZOHO ONLINE MTG ID: 1060935004 PW: i8MmjU

(O) = OPEN MEETING-ANYONE MAY ATTEND (C) = CLOSED MEETING – FOR ADDICTS AND THOSE WHO FEEL THEY MAY HAVE A PROBLEM WITH DRUGS (W) = WOMENS MEETING (WC) = WHEELCHAIR ACCESIBLE

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