

Our Narrative

Narrative: explanation or interpretation of events in accordance with a particular theory, ideology, or point of view

Vancouver Island & Powell River 24 HOUR HELP LINES
CENTRAL VANCOUVER ISLAND 1.800.494.2404
SOUTH VANCOUVER ISLAND 1.866.664.3511
VANCOUVER ISLAND NORTH & POWELL RIVER 1.844.484.6772

Almost 100 tickets sold

Loads of fun including:

- a Dunk tank
- Pies

And of course a

Best Costume Competition!

SEPTEMBER 29, 2018

SVINA.CA
VICTORIA, B.C.



THE AMAZING RACE 2

START AT 10 AM
THE CORNER OF HAYWARD & SOUTHGATE.
END AT 274 HAMPTON RD.
BBQ WILL BE AT 1PM - 274 HAMPTONS RD

TICKETS \$20 - BBQ \$10

Saturday 51 years night live

PLAY ALL DAY

THEN STAY FOR THE MEETING

For this night only, Saturday Night Live will hold it's meeting in the same space—no need to go anywhere
... have meeting will travel ...

WHAT'S BETTER THAN ONE HALLOWEEN DANCE?

OBVIOUSLY...

TWO HALLOWEEN DANCES!!

Mark Your Calendars!!

OCTOBER 26 IN VICTORIA OCTOBER 27 IN NANAIMO

Details next issue



133 years in Recovery or 48,545 Just for Todays

South Vancouver Island Area

These Meetings need HOMEGROUP members

It Works For Us
Mon 7:30 - 9:00 PM
625 Queens Avenue
Victoria

Ground Zero
Wed 6:00 - 7:00 PM
535 Ellice Street
Victoria

Just As We Are
Thurs 8:00 - 9:00 PM
2191 Townsend Rd
Sooke

She Surrenders
Wednesday 7:30 - 8:30 PM
1240 Gladstone Avenue
Victoria

FOURTH CONCEPT

Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.

We should also remember that NA's leaders are not only those we vote into office. Opportunities for selfless service arise wherever we turn in Narcotics Anonymous. NA members exercise personal leadership by helping clean up after

a meeting, taking extra care to welcome newcomers to our fellowship, and in countless other ways. As recovering addicts, any of us can fulfill a leadership role, providing a sound example, by serving our fellowship. This modest spirit of service to others forms the foundation of our Fourth Concept, and of NA leadership itself.

A Guide to Local Services in NA, page 7

a Journey of Recovery
begins with the First Step



Merv B

Time for Service

Meeting	Each Month	Time	Location	Next Mtg
Area	3 rd Sunday	12:15 pm	919 Pandora St	Oct 21
P & P	Email policy@svina.ca for location & details			
Newsletter	1 st Wed	7:00 pm	3100 Tillicum Rd	Oct 3
PR		6:30 pm	540 Manchester	Oct 11
WiR Campout	2 nd Monday	7:00 pm	231 Regina Ave	Oct 8
Literature	Email literature@svina.ca for location & details			

Let's Celebrate

Cake Celebra-			Name	yrs	Meeting, Location
Sat	Sep	22	Nicole S	1	Just For Today, Victoria
Wed	Sept	26	Kellie B	6	Basic Text, Victoria
Sat	Sept	29	Danielle	24	Brentwood Unity Group, Saanich
Sun	Sep	30	Garret	1	Sunday Night Fix, Duncan
Wed	Oct	3	Jason B		Basic Text, Victoria
Mon	Oct	8	Andrew B	1	Just For Today, Victoria
Mon	Oct	15	Marnie F	3	Just For Today, Victoria
Wed	Oct	17	Mike M		Basic Text, Victoria
Tues	Oct	23	Anita B	2	Just For Today, Victoria
Fri	Oct	26	Amber D	1	She Surrenders, Victoria

39 years in Recovery or 14,235 Just for Todays

Vancouver Island North, Powell River

needs support

Step it Up
women's meeting is in
need of support
Meeting is Tuesdays at 12:00 noon
625 England Ave
Courtenay
Transition Society
Enter from side door
*asking support from members
with cleantime who carry a strong
message of recovery*



Narcotics Anonymous
World Services

Time for Service

Meeting	Each Month	Time	Location	Next Mtg
Area	2nd Sunday	10:15 am	Halbe Hall, Black Creek	Oct 14
PR	3rd Thursday	6:45 pm	Eureka Club, Courtenay	Oct 18
Guidelines Committee	2nd Tuesday	6:00 pm	2751 Cliff Ave, Courtenay Quality Foods, upstairs boardroom	Oct 9



Island Unity Days
April 13th, 2019

360 Committee
FORMING SOON
Courtenay
Sons Hall

**An opportunity to do
some service!**

open positions

Meeting	Open Positions	Day	Time	Address
Area	Co-Facilitator	2nd Sunday	10:15	Halbe Hall, Black Creek
Area	Phoneline	2nd Sunday	10:15	Halbe Hall, Black Creek
Area	Newsletter	2nd Sunday	10:15	Halbe Hall, Black Creek

Let's Celebrate

Cake Day			Name	#yr	Meeting, Location
Fri	Sept	14	Patrick W	3	No Matter What, Campbell River
Tue	Sept	25	Betty	16	Show Me How To Live, Courtenay
Fri	Sept	28	Kevin M	7	Port Hardy Group, Port Hardy
Fri	Oct	26	Sue S	29	Detour Group, Courtenay

55 years in Recovery or 20,075 just for Today's

Medication in Recovery

"For all the diversity of individual opinion among our members, Narcotics Anonymous itself is united in having no opinion on any issues apart from its own program. As a fellowship, we agree to take positions only on those ideas that have drawn us together, our principles of recovery, not on the many personal opinions that might divide us."

Submissions Release/Waiver

By the act of submitting my material for publishing, I am confirming that I possess full legal capacity to exercise this authorization and hereby release Our Narrative, NA, its service boards or committees from any harm by myself, my successors, and/or my assigns. I acknowledge that by the act of my submitting any material for publishing in this newsletter, that I give the Narcotics Anonymous Fellowship, The newsletter, their successors, assigns and those acting on their authority, permission to publish the submitted material. Narcotics Anonymous Fellowship, Our Narrative newsletter, their successors, assigns and those acting on their authority will make every effort to assure my anonymity. I further agree to allow the editing of any original submitted material to suit the language of NA and I understand that any article I submit, whether by physical written submission or electronic document format of any kind, automatically becomes the physical property of Our Narrative and will not be returned to me.

Central Vancouver Island Area

Meetings that need Support

Alive and Well
Monday 7:30 PM
1420 Alberni Hwy
Parksville
financial support

Lost and Found
Tuesday 7:00 PM
186 Shelly Road
Parksville
financial support

Seaside Serenity
Thursday 7:00 PM
550 Pym Street
Parksville
clean time support

Time to Shine
Thursday 7:30
596 Albert Street
Nanaimo
attendance

Celebrate or Suffer
Saturday 10:30 AM
136 Hirst Avenue,
Parksville
attendance

LOST and FOUND



Speaker Meeting

October 30
7:00 pm
186 Shelley Rd.
Parksville

Time for Service

Meeting	Each Month	Time	Location	Next Mtg
Area	2nd Sunday	10:00 am	596 Albert St, Nanaimo	Oct 14
GSR	2nd Sunday	9:30 am	596 Albert St, Nanaimo	Oct 14
Activities	1st Sunday	7:00 pm	596 Albert St, Nanaimo	Oct 7
PR	1st Friday	6:00 pm	596 Albert St, Nanaimo	Oct 5

open positions

Gabriola Island
NA Meeting
The Good Life has
CLOSED INDEFINITELY

Meeting	Open Position	Day	Time	Address
Lost & Found	Alternate Secretary	Tuesday	7:00 PM	186 Shelly Road, Parksville
Lost & Found	Alternate Treasurer	Tuesday	7:00 PM	186 Shelly Road, Parksville
New Beginnings	Alternate GSR	Sunday	7:30 PM	596 Albert Street, Nanaimo



Potluck and a



VISIONS OF HOPE

Friday September 15

Pot Luck 5:30 PM
Cake meeting 7:30 PM

3028 2nd Avenue (Alano Club)

Let's Celebrate

Cake Day			Name	yr	Meeting, Location
Fri	Sept	14	Brenda P	1	Party with people at Last Chance
Sat	Sept	15	Tina V	10	Visions of Hope, Port Alberni
Tues	Sep	18	Nicita	1	Just Do It, Nanaimo
Fri	Sept	28	Ken B	3	Visions of Hope, Port Alberni
Sat	Oct	27	Chyna	1	Steps to Serenity, Nanaimo

16 years in Recovery or 5,840 Just for Today's