

Our Narrative

VANCOUVER ISLAND, POWELL RIVER
MULTI-AREA NEWSLETTER

Volume 4

Issue 4

April 2018

Narrative: explanation or interpretation of events in accordance with a particular theory, ideology, or point of view

Vancouver Island & Powell River 24 HOUR HELP LINES
CENTRAL VANCOUVER ISLAND 1.800.494.2404
SOUTH VANCOUVER ISLAND 1.866.664.3511
VANCOUVER ISLAND NORTH & POWELL RIVER 1.844.484.6772

Jim is told by his sponsor that he needs to participate more in service work. So he applies for the position of treasurer. They hold a group conscience and ask him "What is nine multiplied by four?" He thinks quickly and says "Thirty-three."

After the interview, he realizes his mistake. He's surprised when they inform he got the job, despite there being four other candidates. "But I got the wrong answer," he protests.

"Yeah, we know. But you were closest."



ISLAND UNITY DAYS

APRIL 14th 2018
2612 Sooke Road, Langford BC
(Forge Church)

Doors open : 9:30 am | First speaker: 10:15 am | Ends: 10 pm
6 TOPIC SPEAKERS (30 MINUTES EACH)

- 1.) importance of the 12 Steps
- 2.) importance of the 12 Traditions
- 3.) being a part of the Fellowship

Free lunch provided by Women in Recovery and the Sons of Recovery campout committees!

- 4.) Sponsorship
- 5.) importance of being respectful around meeting places
- 6.) Predatory behavior around the rooms

MAIN SPEAKER

DINNER & KARAOKE \$20.00
Pulled Pork & Beef Brisket with all the fixings or Vegetarian option



it's camp time again

*** mark your calendars *** *** put your holiday requests in to your boss ***

!!! do what you've got to do to get here !!!

June 22, 23, 24 NATURE OF RECOVERY, Newcastle Island	June 29, 30, 31 - July 1, 2 RECOVERY UNDER THE STARS, Port Alice
July 20, 21, 22 SONS OF RECOVERY, Camp Barnard, Sooke	August 1, 2, 3, 4, 5 Taylor Arm Campout, Port Alberni
August 10, 11, 12 WOMEN IN RECOVERY, Camp Barnard, Sooke	September 14, 15, 16 LAST CHANCE CAMPOUT, Quadra Island

336 Years in Recovery or 122,640 Just for Today's

South Vancouver Island Area

get your creative on

SON'S OF RECOVERY 2018

- ☑ Artwork must incorporate Son's of Recovery &/or SOR into the design
- ☑ Please include 2018 in your artwork
- ☑ Logo Contest Deadline March 18, 2018
- ☑ Winner Receives a ticket to the Campout. Include theme concept.
- ☑ Artwork must include the NA Logo &/or the NA Service symbol

email: sor@svina.ca

VICTORIA CONVENTION 2019

- ☑ Artwork needs to incorporate the theme **FREEDOM**
- ☑ Logo Contest Deadline March 24, 2018
Winner receives a ticket to the Convention *(not including hotel)*
- ☑ Artwork must include the NA Logo &/or the NA Service Symbol

email: convention@svina.ca

We're sure your sponsor would encourage you **thanks** to get a Service Position. And have we got positions for you!!! Come join up in our group, we need trusted servants to fill service positions.

thanks

- Sooke Just As We Are
Thursdays 8:00pm
2110 Church Road, Sooke
- Never Too Young
Saturdays 8:00pm
3460 Shelbourne St, Victoria
- It Works For Us
Mondays 7:30pm
625 Queens Ave, Victoria
- Ground Zero
Wednesdays 6:00pm
535 Ellice St, Victoria

thanks

Giving Back

Meeting	Each Month	Time	Location	Next Mtg
Area	3 rd Sunday	12:15 pm	919 Pandora St	Apr 15
P & P	3 rd Sunday	10:30 am	919 Pandora St	Apr 15
Newsletter	1 st Wed	7:00 pm	3100 Tillicum Rd	Apr 4
PR	1 st Thursday	6:30 pm	540 Manchester	Apr 5
WiR Campout	2 nd Monday	7:00 pm	231 Regina Ave	Apr 9
Literature	Email literature@svina.ca for location & details			

Cake Days

Cake Celebration			Name	yrs	Meeting, Location
Fri	Mar	16	Mark S	21	Pathways to Hope, Langford
Wed	Mar	21	Adrian M	20	Faculty of Recovery, Victoria
Fri	Mar	30	Paul Y	15	Pathways to Hope, Langford
Sat	Mar	31	Kerrie K	12	Unity Group, Saanichton
Fri	Apr	6	Sarah V	5	Pathways to Hope, Langford
Sat	Apr	7	Iain S	9	Unity Group, Saanichton
Fri	May	4	Rick S	7	Pathways to Hope, Langford

89 Years in Recovery or 32,485 Just for Today's

On Being Two (Twice)

Two is a special place to be,
well past one, not yet three.

At birthday one, new hope was woken;
day by day, old habits broken.

Ever open to temptation,
life was spent on preservation,
now at two, the picture changes.
Setting goals with wider ranges,
confident my life can grow;
what I choose will make it so.

The dreams I formed in days gone by
drift no longer in the sky.

With both feet firmly on the ground,
my destiny I'm sure I've found.
I'm building family love at last;
I've put behind my lonely past.

I know the special joy I get
in giving to the friends I've met.
At home and school it is my quest
to learn the skills to give my best.

Oh yes, at two indeed I'm free.
Please give me strength to get to three.

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Vancouver Island North, Powell River

NA SEARCH A WORD

- SERENITY - UNMANAGABILITY - SPONSOR
- RESENTMENTS - LEARN - SELF WORTH
- SPIRITUALITY - KEEP COMING BACK - LIST
- SHARE - FRIENDS - UNITY
- SELF WORTH - SELFISH PROGRAM - PEACE
- OPEN - HIGHER POWER - SANITY
- GOD - ONE DAY AT A TIME - SICK
- HAPPINESS - DECISION - DIRECT
- PARTNERS - WILLING - HONEST
- PRINCIPLES - SECURITY - ASK
- UNSELFISH - LEAVE THE REST - HOW
- TAKE WHAT YOU NEED

U N M A N A G E A B L E E N A S K A Y D E B N
 A H T R O W F L E S L R E S E N T M E N T S R
 D I R E C T T A K E W H A T Y O U N E E D O P
 R G E M A R G O R P H S I F L E S A N I T Y P
 U S W H S P O N S O R F R I E N D S I F R E T
 N R O T Y E Y E K O N E D A Y A T A T I M E L
 S E P R T R E D C T E H I G H E R P O W E R I
 E N R O I A P R I N C I P L E S O P E N U O E
 L T E W N H L G S T L E A V E T H E R E S T A
 F R H F E S O K E E P C O M I N G B A C K H P
 I A G L R D E I R L P L R D E C I S I O N R E
 S P I E E N L E S S E N I P P A H U N I T Y O
 H A H S S P E A C E A A T S E N O H O W E H P
 O S E C U R I T Y S P I R I T U A L I T Y R I
 T E U H O W I L L I N G T N S S D N E M M A O
 I D N T P S E S C I N Y E U E S G L S U G R O

Amends and Reconciliation

As our behavior changes, we no longer leave a path of chaos and damage in our wake. But we recognize there is no way to "unring" a bell: there are instances where the damage we caused may be difficult for others to forgive. Making amends is necessary to live free of guilt, shame, and remorse that keep us trapped in self-destruction. But the process neither begins nor ends when we sit down with the person we have harmed to have that talk. With the help of our sponsor, we reconcile ourselves to the truth of what we did, and begin the process of making peace with the consequences of our actions. An honest relationship with ourselves and real, tangible change in our lives are necessary for amends to have much value. There is a reasons we come to this work so late in the steps. The process is one of the most important we ever undertake, as we do not enter it lightly.

Living Clean, The Journey Continues, page 152
 Chapter Five: Relationships

Giving Back

Meeting	Each Month	Time	Location	Next Mtg
Area	2nd Sunday	10:15 am	Halbe Hall, Black Creek	Apr 8
PR	3rd Thursday	6:45 pm	Eureka Club, Courtenay	Apr 19

Cake Days

Cake Days			Name	#yr	Meeting, Location
Tue	Mar	27	Liz L	5	Clean Acres, Black Creek
Tue	Mar	20	Deb M	29	Clean Acres, Black Creek
Tue	Mar	20	Lloyd M	29	Clean Acres, Black Creek
Sat	Mar	29	Willi D	24	Unity Group, Courtenay
Sat	Apr	21	Alan C	17	Port McNeill Group, Port McNeill
Sun	Apr	22	Erin N	1	Never Alone, Courtenay
Fri	Apr	27	Greg G	27	Port Hardy Group, Port Hardy

132 Years in Recovery or 48,180 Just for Todays

Submissions Release/Waiver

By the act of submitting my material for publishing, I am confirming that I possess full legal capacity to exercise this authorization and hereby release Our Narrative, NA, its service boards or committees from any harm by myself, my successors, and/or my assigns. I acknowledge that by the act of my submitting any material for publishing in this newsletter, that I give the Narcotics Anonymous Fellowship, The newsletter, their successors, assigns and those acting on their authority, permission to publish the submitted material. Narcotics Anonymous Fellowship, Our Narrative newsletter, their successors, assigns and those acting on their authority will make every effort to assure my anonymity. I further agree to allow the editing of any original submitted material to suit the language of NA and I understand that any article I submit, whether by physical written submission or electronic document format of any kind, automatically becomes the physical property of Our Narrative and will not be returned to me.

Central Vancouver Island Area

Public Relations Subcommittee Open Positions

Co-Facilitator
Secretary
Meeting List Coordinator
Phone Line Coordinator
School Coordinator

If interested, next PR meeting is
Friday, April 6th @ 6pm @ Albert Street Hall

Or phone/text Alessandro 778.269.0232

NATURE OF RECOVERY CAMPOUT



Join in & have fun

Our committee meets on the
3rd Friday of each month at 6:30 pm

March 16 186 Shelly Rd, Parksville
April 20 596 Albert St, Nanaimo
May 18 186 Shelly Rd, Parksville
June 15 596 Albert St, Nanaimo

we're going to newcastle!



Giving Back

Gabriola Island NA Meeting
The Good Life, is now meeting once a
week.

Join us on Saturdays

675 North Road (PHC Building, back door)
At 7:00 pm

ATTENTION!

Meeting	Each Month	Time	Location	Next Mtg
Area	2nd Sunday	10:00 am	596 Albert St, Nanaimo	Apr 8
GSR	2nd Sunday	9:30 am	596 Albert St, Nanaimo	Apr 8
Activities	1st Sunday	7:00 pm	596 Albert St, Nanaimo	Apr 1
PR	1st Friday	6:00 pm	596 Albert St, Nanaimo	Apr 6

Cake Days

Parksville:

we need your support

- Basic Text Meeting needs financial support
- Celebrate or Suffer needs attendance support
- Alive & Well needs group members to fill service positions
- **RED ROAD TO RECOVERY has reopened** March 12 at 7:30 @ 454 Center street. **LOCATION change—NOW in a double modular at the end of Center street.**
- Lost & Found, needs attendance support

Nanaimo:

- Save our Serenity needs members with cleantime, with a message of recovery and who can do service
- The Only Requirement needs people to show up for the meeting

Cake Days			Name	yr	Meeting, Location
Sun	Mar	18	Cindy K	4	Steps & Traditions, Ladysmith
Tues	Mar	20	Ted N	5	Just Do It, Nanaimo
Sat	Mar	24	Collin K	15	Basic Text Meeting, Qualicum
Sat	Mar	24	Ron V	29	Basic Text Meeting, Qualicum
Sat	Mar	24	Marty M	9	Steps to Serenity, Nanaimo
Sat	Mar	24	Val K	26	Steps to Serenity, Nanaimo
Tues	Mar	27	Dean K	5	Just Do It, Nanaimo
Tues	Apr	3	Gabe G	4	Just Do It, Nanaimo
Mon	Apr	9	Angel V	2	Visions of Hope, Port Alberni
Thur	Apr	19	Tanya H	3	Living Clean, Ladysmith
Sat	Apr	21	Libby B	3	Celebrate or Suffer, Parksville
Fri	May	25	Dan A	10	Freedom Friday, Nanaimo

115 years in Recovery or 41,975 just for Today's